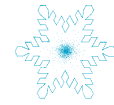




Rumson School District

Lunch Menu for January 2014

*** 3 LUNCH CHOICES DAILY ***



Hot Entrees, Deli du Jour or Bagel Lunch,

All Lunches come with Fruit, Veggies, Side Salad, Choice of Beverage, and a Lunch Treat

Deane Porter \$3.50

Forrestdale \$4.25

Weekly Deli Du Jour

Monday

Tuesday

Wednesday

Thursday

Friday

Turkey

Ham & Cheese

Chicken Salad

Turkey & Cheese

Tuna Salad

DAILY LUNCH TREATS (FREE with Purchase of Student Lunch)

Monday

Tuesday

Wednesday

Thursday

Friday

Healthy Snack



Fresh Soup of the Day

Manager's Surprise

Fresh Soup of the Day

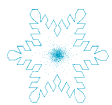
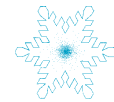
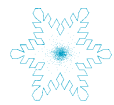
Homemade Cookie

HOT ENTREES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Happy New Year 	2 Cheeseburger w/ Oven Fries, Assorted Fruit and Chicken Vegetable Noodle Soup	3 Hand Tossed Pizza w/ Fresh Veggies, Fresh Fruit and a Sweet Treat
6 French Toast Sticks w/ a Hashbrown, and a Fruit and Yogurt Parfait	7 Pasta Marinara w/ Bread, Tossed Salad, Assorted Fruit and Chicken Noodle Soup	8 Soft Beef Taco w/ Rice and Beans Assorted Fruit and a Surprise	9 Chicken Sandwich w/ Oven Fries, Assorted Fruit, & Vegetable Bean Soup	10 Hand Tossed Pizza w/ Fresh Veggies, Fresh Fruit and a Sweet Treat
13 Baked Chicken Tenders w/ Mashed Potatoes, Assorted Fruit, and a Healthy Snack	14 Hot Dog w/ Baked Beans, Assorted Fruit and Vegetable Chicken Rice Soup	15 Nachos w/ Beef, Cheese, Lettuce, Salsa, Sour Cream Assorted Fruit and a Surprise	16 Cheese Tortellini Marinara w/ Caesar Salad, Assorted Fruit, and Potato Ham Soup	17 Hand Tossed Pizza w/ Fresh Veggies, Fresh Fruit and a Sweet Treat
20 School Closed Martin Luther King Day	21 White Meat Chicken Nuggets w/ a Roll, Tater Tots, Assorted Fruit and Chicken Noodle Soup	22 Cheeseburger w/ Oven Fries, Assorted Fruit and Chicken Noodle Soup	23 Chicken Sandwich on a Potato Roll w/ Fresh Green Beans Fruit, & Broccoli Cheddar Soup	24 Hand Tossed Pizza w/ Fresh Veggies, Fresh Fruit and a Sweet Treat
27 French Toast Sticks w/ a Hashbrown, and a Fruit and Yogurt Parfait	28 Italian Grilled Cheese w/ Marinara Sauce, Caesar Salad, Fruit and Chicken Florentine Soup	29 Soft Chicken Taco w/ Rice and Beans Assorted Fruit and a Surprise	30 Hot Dog w/ Baked Beans, Assorted Fruit and Cream of Tomato Soup	31 Hand Tossed Pizza w/ Fresh Veggies, Fresh Fruit and a Sweet Treat

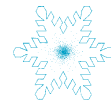
Forrestdale School A la Carte Menu

January 2014





Deluxe Deli Sandwiches \$3.75

Fresh Deli Sandwiches with Lettuce, Tomato and Pickles



Simple Salad Box Available Daily \$2.25

Salad of the Week \$3.50 (selections changing every Monday)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <p>Happy  New Year</p>	<p>2</p> <p>Baked Mozzarella Sticks</p>	<p>3</p> <p>Crispy Oven Fries</p>
<p>6</p> <p>Baked Chicken Tenders</p>	<p>7</p> <p>Toasted Tuesday Italian Philly Steak</p>	<p>8</p> <p>My Own Pizza</p>	<p>9</p> <p>Vanilla Yogurt Shake</p>	<p>10</p> <p>Crispy Oven Fries</p>
<p>13</p> <p>Crispy Oven Fries</p>	<p>14</p> <p>Toasted Tuesday Deluxe Chicken Parm</p>	<p>15</p> <p>My Own Pizza</p>	<p>16</p> <p>Chicken Snack Wrap</p>	<p>17</p> <p>Fresh Fruit & Yogurt Parfait</p>
<p>20</p> <p>School Closed Martin Luther King Day</p>	<p>21</p> <p>Pasta Marinara</p>	<p>22</p> <p>Baked Chicken Tenders</p>	<p>23</p> <p>Crispy Oven Fries</p>	<p>24</p> <p>Homemade Hummus & Fresh Veggie Box</p>
<p>27</p> <p>U Pix We Mix Salad Station</p>	<p>28</p> <p>U Pix We Mix Salad Station</p>	<p>29</p> <p>U Pix We Mix Salad Station</p>	<p>30</p> <p>U Pix We Mix Salad Station</p>	<p>31</p> <p>U Pix We Mix Salad Station</p>