



Rumson School District Lunch Menu for June 2014



*** 3 LUNCH CHOICES DAILY ***

Hot Entrees, Deli du Jour or Bagel Lunch,

All Lunches come with Fruit, Veggies, Side Salad, Choice of Beverage, and a Lunch Treat

Deane Porter \$3.50

Forrestdale \$4.25

Weekly Deli Du Jour

Monday

Tuesday

Wednesday

Thursday

Friday

Turkey

Ham & Cheese

Chicken Salad

Turkey & Cheese

Tuna Salad

DAILY LUNCH TREATS (FREE with Purchase of StudentLunch)

Monday

Tuesday

Wednesday

Thursday

Friday

Healthy Snack


Fresh Soup of the Day

Manager's Surprise

Fresh Soup of the Day

Homemade Cookie

HOT ENTREES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Baked Mozzarella Sticks w/ Pasta, Bread, Caesar Salad, Fruit, and a Healthy Snack	3 Baked Chicken Tenders w/ Tater Tots, Assorted Fruit, and Chicken Tortilla Soup	4 Soft Beef Tacos w/ Rice & Beans, Lettuce, Salsa, Sour Cream, Assorted Fruit and a Surprise	5 French Toast Sticks w/ a Hashbrown, Fresh Berries and Beef Vegetable Barley Soup	6 Hand Tossed Pizza w/ Fresh Veggies, Fresh Fruit and a Sweet Treat
9 Cheese Quesadilla w/ Lettuce, Salsa, Sour Cream, Assorted Fruit and a Healthy Snack	10 Chicken Sandwich w/ Mashed Potatoes, Assorted Fruit, and Chicken Alphabet Soup	11 Pasta and Meatballs w/ Tossed Salad, Assorted Fruit and a Surprise	12 Hot Dog w/ Baked Beans, Watermelon Slices and Potato Cheddar Soup	13 Hand Tossed Pizza w/ Caesar Salad, Fresh Fruit and a Sweet Treat
16 White Meat Chicken Nuggets w/ French Fries, Assorted Fruit and a Healthy Snack	17 Italian Grilled Cheese w/ Marinara Sauce, Caesar Salad, Assorted Fruit and Chicken Rice Soup	18 <u>Pot Luck</u> Assorted Hot Entrees w/ Fresh Fruit and Veggies	19 Single Session Snacks at Forrestdale only	20 Single Session Snacks at Forrestdale only
Have A Healthy Happy Summer!				
 <p>Simplified Culinary Services ...eat well live well...</p>				

Forrestdale School A la Carte Menu

June 2014

Deluxe Deli Sandwiches \$3.75

Fresh Deli Sandwiches with Lettuce, Tomato and Pickles

Simple Salad Box Available Daily \$2.25

Salad of the Week \$3.50 (selections changing every Monday)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Deluxe Chicken Parmesan	3 Pasta Marinara	4 My Own Pizza	5 Grilled Cheese	6 Chefs Special
9 Oven Baked Chicken Tenders	10 <u>Toasted Tuesdays</u> Deluxe Philly Cheesesteak	11 My Own Buffalo Chicken Pizza	12 Chocolate Yogurt Shakes	13 Crispy Oven Fries
16 Pasta Marinara	17 Pot Luck	18 My Own Pizza	19 Single Session Snacks at Forrestdale only	20 Single Session Snacks at Forrestdale only
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