



Rumson School District

Lunch Menu for March 2019



*** 3 LUNCH CHOICES DAILY ***

Hot Entrees, Deli du Jour or Bagel Lunch,



All Lunches come with Fruit, Veggies and Choice of Beverage

Fresh Homemade Soup on Tuesday, Wednesday and Thursday Free with the Purchase of a Student Lunch

Deane Porter \$4.25

Forrestdale \$4.75

Weekly Deli Du Jour

Monday

Tuesday

Wednesday

Thursday

Friday

Turkey

Ham & Cheese

Chicken Salad

Turkey & Cheese

Tuna Salad

NAE means NO ANTIBIOTICS EVER. A Cleaner Healthier Protein Source.

SIMPLIFIED CULINARY SERVICES Sources Only NAE Chicken and Turkey Products.

HOT ENTREES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Hand Tossed Pizza w/ Fresh Veggies and Fresh Fruit
4 Waffle Sticks w/ a Hashbrown, Sausage and Fresh Fruit	5 Pasta w/ Organic Marinara, Fresh Fruit and Chicken Kale and White Bean Soup	6 Organic Grilled Cheese w/ Oven Fries, Fresh Fruit and Roasted Red Pepper Tomato Bisque	7 NAE Chicken Tenders w/ Roasted Veggies, Fresh Fruit and Spinach and Artichoke AuGratin Soup	8 Hand Tossed Pizza w/ Fresh Veggies and Fresh Fruit
11 Italian Grilled Cheese w/ Marinara Dip, Shredded Caesar Salad and Fresh Fruit	12 NAE Chicken Nuggets w/ Sweet Potatoe Wedges, Fresh Fruit and Chicken Tortilla Soup	13 Grass Fed Beef Tacos w/ Rice & Beans, Fresh Fruit and Vegetarian Soup	14 Pasta Marinara w/ Baked Mozzarella Sticks, Fresh Veggies, Fresh Fruit and Broccoli Cheddar Soup	15 Hand Tossed Pizza w/ Fresh Veggies and Fresh Fruit
18 Jersey Pork Roll Breakfast Burrito w/ Tater Tots and Fresh Fruit	19 Grass Fed Cheeseburgers w/ Oven Fries, Fresh Fruit and Chicken Noodle Soup	20 NAE Buttermilk Chicken Tenders w/ Tossed Salad, Fresh Fruit and Vegetarian Soup	21 Pasta w/ Grass Fed Meat Sauce, Roasted Veggies, Fresh Fruit and Beef Vegetable Barley Soup	22 Hand Tossed Pizza w/ Fresh Veggies and Fresh Fruit
25 NAE Chicken Teriyaki Rice Bowl w/ Steamed Broccoli and Fresh Fruit	26 French Toast Sticks w/ a Hashbrown, Fresh Berries & Yogurt Italian Chicken Noodle Soup	27 NAE Chicken & Waffle Sandwich w/ Tater Tots, Fresh Fruit and Vegetarian Soup	28 Cheese Tortellini w/ Organic Marinara, Fresh Veggies, Fresh Fruit and Loaded Baked Potato Soup	29 Hand Tossed Pizza w/ Fresh Veggies and Fresh Fruit

Simplified Culinary Services is Proud to say we Can and Do accomodate Many dietary Needs and Requests. Just Ask!