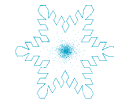




Rumson School District

Lunch Menu for February 2019

*** 3 LUNCH CHOICES DAILY ***



Hot Entrees, Deli du Jour or Bagel Lunch,
All Lunches come with Fruit, Veggies and Choice of Beverage

Fresh Homemade Soup on Tuesday, Wednesday and Thursday Free with the Purchase of a Student Lunch

Deane Porter \$4.25

Forrestdale \$4.75

Weekly Deli Du Jour

Monday

Tuesday

Wednesday

Thursday

Friday

Turkey

Ham & Cheese

Chicken Salad


Turkey & Cheese

Tuna Salad

NAE means NO ANTIBIOTICS EVER. A Cleaner Healthier Protein Source.

SIMPLIFIED CULINARY SERVICES Sources Only NAE Chicken and Turkey Products.

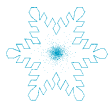
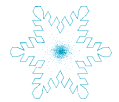
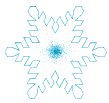
HOT ENTREES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>1</p> <p>Hand Tossed Pizza w/ Fresh Veggies and Fresh Fruit</p>
<p>4</p> <p>Chicken Sandwich w/ Oven Fries & Fresh Fruit</p>	<p>5</p> <p>Pasta w/ ABF Meatballs, Roasted Veggies, Fresh Fruit and Chicken Orzo Soup</p>	<p>6</p> <p>NAE Chicken Nuggets w/ Mashed Potatoes, Fresh Fruit & Vegetarian Soup</p>	<p>7</p> <p>Pasta w/ Organic Marinara, Fresh Veggies, Fresh Fruit & Chicken Noodle Soup</p>	<p>8</p> <p>Hand Tossed Pizza w/ Fresh Veggies and Fresh Fruit</p>
<p>11</p> <p>School Closed Winter Break</p>	<p>12</p> <p>School Closed Winter Break</p>	<p>13</p> <p>NAE Chicken Sandwich w/ Fresh Veggies, Fresh Fruit & Vegetarian Soup</p>	<p>14</p> <p>Baked Mozzarella Sticks w/ Pasta, Fresh Veggies, Fresh Fruit & Chicken Noodle Soup</p>	<p>15</p> <p>Hand Tossed Pizza w/ Fresh Veggies and Fresh Fruit</p>
<p>18</p> <p>French Toast Sticks w/ a Hashbrown, Sausage & Fresh Fruit</p>	<p>19</p> <p>NAE Chicken Tenders w/ Ranch Mashed Potatoes, Fresh Fruit & Chicken Rice Soup</p>	<p>20</p> <p>Italian Grilled Cheese w/ Organic Marinara, Fresh Veggies, Fresh Fruit and Vegetarian Soup</p>	<p>21</p> <p>Grass Fed Hot Dog w/ Baked Beans, Fresh Fruit and Loaded Baked Potato Soup</p>	<p>22</p> <p>Hand Tossed Pizza w/ Fresh Veggies and Fresh Fruit</p>
<p>25</p> <p>NAE Chicken Tender Tacos w/ Rice & Beans, & Fresh Fruit</p>	<p>26</p> <p>Pasta w/ Grass Fed Meat Sauce, Fresh Veggies, Fresh Fruit & Spicy Chicken Rice Soup</p>	<p>27</p> <p>Cheeseburger w/ French Fries, Fresh Fruit and Vegetarian Soup</p>	<p>28</p> <p>NAE Chicken Nuggets w/ Mshed Potatoes, Fresh Fruit and Chefs Special Soup</p>	

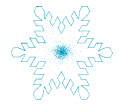
Simplified Culinary Services is Proud to say we Can and Do accomodate Many dietary Needs and Requests. Just Ask!

Forrestdale School A la Carte Menu

February 2019



**Handcrafted Sandwiches
on Freshly Baked Artisan Bread \$4.75**



Simple Salad Box Available Daily \$2.50

Salad of the Week \$4.75 (selections changing every Monday)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Simplified Culinary Services ...eat well live well...</p>				1 Crispy Oven Fries
4 Oven Baked Chicken Tenders	5 Toasted Tuesday Gourmet Chicken Parm	6 My Own Pizza	7 Pretzel Sticks w/ Chefs Dips	8 Crispy Oven Fries
11 School Closed Winter Break	12 School Closed Winter Break	13 My Own Pizza	14 Crispy Oven Fries	15 Organic Vanilla Milkshake
18 Chicken Tender Snack Wrap	19 Oven Baked Mozzarella Sticks	20 My Own Buffalo Chicken Pizza	21 Crispy Oven Fries	22 Organic Chocolate Milkshake
25 Pasta Marinara	26 Toasted Tuesday Gourmet Philly Cheesesteak	27 My Own Pizza	28 Chefs Special	