



# Rumson School District

## Lunch Menu for November 2019



\*\*\* 3 LUNCH CHOICES DAILY \*\*\*

Hot Entrees, Deli du Jour or Bagel Lunch,  
All Lunches come with Fruit, Veggies and Choice of Beverage

Fresh Homemade Soup on Tuesday, Wednesday and Thursday Free with the Purchase of a Student Lunch

**Deane Porter \$4.25**

**Forrestdale \$4.75**

### Weekly Deli Du Jour

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Turkey

Ham & Cheese

Chicken Salad

Turkey & Cheese

Tuna Salad

**NAE means NO ANTIBIOTICS EVER. A Cleaner Healthier Protein Source.**

**SIMPLIFIED CULINARY SERVICES Sources Only NAE Chicken and Turkey Products.**

## HOT ENTREES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <u>Early Dismissal</u> Snacks at Forrestdale Only
4 <u>Early Dismissal</u> Snacks at Forrestdale Only	5 <u>Early Dismissal</u> Snacks at Forrestdale Only	6 NAE Chicken Sandwich w/ Ranch Mashed Potatoes, Fresh Fruit & Vegetarian Soup	7 <b>NJEA Convention School Closed</b>	8 <b>NJEA Convention School Closed</b>
11 Italian Grilled Cheese w/ Organic Marinara Dip, Caesar Salad and Fresh Fruit	12 NAE Buttermilk Chicken Tenders w/ French Fries, Fresh Fruit & Italian Chicken NoodleSoup	13 Pasta w/ Grass Fed Meatsauce w/ French Green Beans, Fresh Fruit & Roasted Garlic Butternut Squash Soup	14 Grass Fed Cheeseburger w/ Roasted Veggies, Fresh Fruit & Cream of Cauliflower Soup	15 Hand Tossed Pizza w/ Fresh Veggies and Fresh Fruit
18 French Toast Sticks w/ Sausage, Hashbrowns and Fresh Fruit	19 Grass Fed Beef Tacos w/ Rice and Beans, Fresh Fruit & Carrot and Cilantro Soup	20 Thanksgiving Feast w/ All The Fixings, Apple Pie & Pumpkin Soup with Rice	21 Grass Fed Beef Hot Dog w/ Baked Beans, Fresh Fruit and Cream of Turkey and Wild Rice Soup	22 Hand Tossed Pizza w/ Fresh Veggies and Fresh Fruit
25 NAE Chicken & Waffle Sandwich w/ Tater Tots and Fresh Fruit	26 Hand Tossed Pizza w/ Fresh Veggies, Fresh Fruit & Spicy Chicken Noodle Soup	27 <u>Early Dismissal</u> Snacks at Forrestdale Only	28 <b>Happy Thanksgiving School Closed</b>	29 <b>School Closed</b>

**Simplified Culinary Services is Proud to say we Can and Do accomodate Many dietary Needs and Requests. Just Ask!**